

October 2022

The Solgar beta carotene product that we have recommended for the FD population has been reformulated at a higher potency. We are now recommending the following Solgar beta carotene product and we recommend that those with FD ingest one of these pills three times per week, with the suggestion that it be administered on Monday, Wednesday, and Friday of each week.

Dr. Berish Rubin and Dr. Sylvia Anderson